

Support for Children and Families

At Comberton Primary School we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case, please come and talk to us. There are many ways in which we can help as outlined in this offer of early help.



Providing early help to our pupils and families at Comberton Primary School means we are more effective in promoting support as soon as we can. Early help means providing support as soon as a problem begins, at any point in a child's life, from early years all the way through to teenage years. There may be times when you need extra help and support. If this is the case, please come and talk to us.



Mrs D. Frost
Headteacher. DSL



Mrs J Phillips
Deputy Headteacher
SENCO, DDSL



Miss P McIntyre
DDSL



Mrs S Shelton
Family Support Worker,
DDSL

Key Personnel and job roles:

The Designated Safeguarding Lead (DSL) is Mrs D Frost (Head teacher) email: head@comberton.worcs.sch.uk
Telephone: 01562 754704

The deputy DSLs are Mrs J Phillips (Deputy Head/ SENCO) , Miss P McIntyre, Mrs S Shelton they can be contacted via the school office: office@comberton.worcs.sch.uk Telephone 01562 754704

The nominated safeguarding governor is Mrs F Oborski she can be contacted via the school office:
office@comberton.worcs.sch.uk Telephone 01562 754704

The Chair of Governors is Mr S Deakin he can be contacted via the school office: office@comberton.worcs.sch.uk
Telephone 01562 754704

Our Early Help Offer

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at Comberton Primary School means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges at any point in a child's life, from the early years through to teenage years

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

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Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school. Comberton Primary School may sometimes support you to contact other support agencies when additional help is identified to support children, young people, or families or to prevent harm.



At Comberton Primary School, we meet the needs of our children through a variety of ways:

Pupil Voice – pupils are actively encouraged to speak about any concerns and worries they have to a member of staff. In the classroom, children are taught to speak openly about their emotions. Pupils know the staff take all their concerns and worries very seriously.

- Children's questionnaires to ascertain if they feel happy and safe.
- Assemblies are delivered to all pupils around how to stay safe online.

- The senior teachers will often spend informal time with children during the day to listen to their views, worries and concerns.

Attendance

Attending school on time each and every school day is very important. Comberton Primary School will help support families where children are struggling with attendance or arriving on time.

Behaviour for Learning at Comberton Primary School

The school encourages and rewards pupils for excellent learning behaviour on a lesson-by-lesson basis. Pupils are rewarded with stickers and certificates for meeting certain targets. Our school behaviour policy is followed for pupils displaying unwanted behaviours.



Local Services

<p>Brookside Family Hub</p> <p>Borrington Road, Kidderminster, DY10 3ED Tel: 01905 520 032</p> <p>A variety of parenting courses and groups available Early Help family support Worcestershire County Council</p>	<p>What's on during the school holidays?</p> <p>Ready Steady Worcestershire -Holiday Activities and Food (HAF) in Worcestershire for children who receive free school meals)</p> <p>https://www.worcestershire.gov.uk/virtual-family-hub/ready-steady-worcestershire-holiday-activities-and-food-haf-programme</p>
<p>Youth Groups</p> <p>KDYT- Kidderminster & District Youth Trust Bromsgrove Street, Kidderminster, DY10 1PF 01562 228113</p>	<p>Kidderminster Foodbank – Providing food for individuals and families in crisis. Unit 9, Swan Shopping Centre, Kidderminster, DY10 2DP- please enquire at the school office to discuss.</p>
<p>Early Help Family Support District Team</p> <p>Wyre Forest Team Telephone 01905 846210 Early Help family support Worcestershire County Council</p>	<p>Library</p> <p>Kidderminster Library, Market Street, Kidderminster, DY10 1AB Telephone 01905 822722</p>



Early Help Family Support Service:

The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker. For more information, please visit:

[Worcestershire Children First Early Help Family Support Service | Worcestershire County Council](#)

Health (including mental health, emotional wellbeing, and sexual health)

The **Starting Well Partnership** offer a range of health services which support both children and families experiencing a range of health issues.

[Worcestershire Health Visiting Service | Starting Well \(startingwellworcs.nhs.uk\)](#)

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the **Telephone Advisory Service** on **0300 123 9551** (Monday – Friday 9am till 3pm).

A Health Visitor will assist you over the phone with any worries, concerns, or questions you have.

[School Health Nursing | Starting Well \(startingwellworcs.nhs.uk\)](#)

School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.

[Text service supporting young people | Latest news, updates and opportunities | Starting Well \(startingwellworcs.nhs.uk\)](#)

Chat health is a free and confidential text service for young people in need of advice or support
TO CONFIDENTIALLY CONTACT YOUR SCHOOL NURSE, TEXT: 07507331750

[Social Prescribing :: Onside Advocacy, Worcestershire \(onside-advocacy.org.uk\)](#)

Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

[I am worried about my Child's mental health | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

[Home - Kooth](#)

Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

[Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

[Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](https://papyrus-uk.org/)

Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

[Home | Healthy Minds \(whct.nhs.uk\)](https://www.whct.nhs.uk/)

[Winston's Wish - giving hope to grieving children \(winstonswish.org\)](https://www.winstonswish.org/)

Winstons Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

Sexual Health [Sexual health | Sexual health | Worcestershire County Council](#)

[Worcestershire Integrated Sexual Health Service \(WISH\) | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

Under 21 Saturday Service - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - **Please call: 01905 681673 for further details.**

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at www.knowyourstuff.nhs.uk The Outreach team see young and vulnerable people who couldn't otherwise access sexual health service

Bullying (including Cyberbullying)

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.

The following links will provide you with more information if you or someone you know is being bullied:

<https://www.kidscape.org.uk/resources-and-publications/>

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- <https://www.thinkuknow.co.uk/parents/>
- [Online safety | Barnardo's \(barnardos.org.uk\)](https://www.barnardos.org.uk)
- <http://educateagainsthate.com/>
- www.internetmatters.org
- <https://www.bbc.com/ownit/the-basics/8-tips-for-staying-safe-online>

Sexting is the sending or receiving of sexually explicit images, videos or conversations online.

[Sexting and sending nudes | NSPCC](#)

<https://www.thinkuknow.co.uk/parents/articles/Nude-selfies-a-parents-guide/>

Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

[Healthy relationships | NSPCC](#)

Challenges at home: <https://www.worcestershire.gov.uk/virtual-family-hub/harmony-home>

CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. [Children and Young People Services | West Mercia Women's Aid \(westmerciawomensaid.org\)](#)

Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

[Childline - Friends, relationships and sex \(opens in a new window\)](#)

[Disrespect NoBody campaign - GOV.UK \(www.gov.uk\)](#)

[NHS Choices - How to talk to your child about sex \(opens in a new window\)](#)

[NHS Choices - Sex and young people \(opens in a new window\)](#)

SEND (Special Educational Needs and/or Disabilities)

If you are looking for information or advice the following links will help you:

[SEND Local Offer | Worcestershire County Council](#) or contact localoffer@worschildrenfirst.org.uk

SEND Information, Advice, Support Service SENDIASS Worcestershire and Herefordshire
(hwsendiass.co.uk)



Parenting support



Health and wellbeing



SEND Local Offer



Housing and finances

The Online Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

<https://www.worcestershire.gov.uk/virtual-family-hub>



Relationships



Early Help Family Support



GET SAFE



Early Help Booklet

Early Help in Worcestershire have created a **booklet** to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: <https://www.worcestershire.gov.uk/virtual-family-hub>

Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.

[Worcestershire Young Carers/Shropshire Young Carers | YSS](#)

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

Kidderminster Job Centre Plus:

Crossley Retail Park, Carpet Trades Way, Kidderminster, DY11 6DY – 0800 1690190

Wyre Forest Citizen's Advice Bureau: CAB House, 21-23 New Road, Kidderminster, DY10 1AF
Tel: 01562 60194

<https://www.wyreforestcab.org.uk/>

Building Better Opportunities is a service to help local people move closer to employment. [Building Better Opportunities \(fusionworcs.co.uk\)](#)

For information on what financial and housing support is available in Worcestershire, please visit: <https://www.worcestershire.gov.uk/virtual-family-hub>

Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: [Parenting groups | Starting Well \(startingwellworcs.nhs.uk\)](#)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

[Parent Talk - Support for Parents from Action For Children](#)

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and

build confidence to provide as best you can for your children.

<https://www.home-start.org.uk/home-start-wyre-forest>

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams:

http://www.worcestershire.gov.uk/info/20507/childcare/1579/family_information_service

Substance Misuse

Swanswell - Cranstoun

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. [Here4YOUth Worcestershire - Cranstoun](#)

Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

[NICCO](#)

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: <https://www.yss.org.uk/families-first/>

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit [Get Safe](#) for help and information:

<https://www.worcestershire.gov.uk/childrens-social-care/get-safe>

If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.